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SUPPORTED BY AN EDUCATIONAL GRANT FROM KEYSTONE DENTAL, INC.

# A Report of Five Cases from an Ongoing Prospective Clinical Study on a Novel Pink Biomimetic Implant System

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ABSTRACT: Color discrepancies between peri-implant soft tissues and materials used in implants, abutments, and restorations may influence overall esthetics at the implant-soft-tissue interface, particularly in the esthetic zone. In an ongoing 5-year multicenter prospective post-marketing surveillance study of 120 adult male and female participants at eight sites in the United States (total of 168 implants placed), the authors have been evaluating anterior and posterior single-tooth implants using a novel pink osteoconductive implant system (in clinical use since 2010) that features a variety of pink components, developed with the objective of improving peri-implant soft-tissue esthetics. Clinical analyses of the 18-month interim survival rates, marginal bone and soft-tissue level changes, and esthetics have been completed, showing an overall success rate among all of the implanted sites of 95.8%. This case series aims to summarize data on implant survival, probing-derived and radiographically assessed marginal bone and soft-tissue level changes, and qualitative photographic evidence of post-restorative soft-tissue esthetic outcomes by presenting a snapshot of five representative cases (two anterior and three posterior), at 18 months from the start of this study. Four of the five cases described here involve teeth visible in full smile and comprise three maxillary incisors and two maxillary premolars. The remaining case was a relatively straightforward mandibular first-molar replacement. However, all scenarios posed unique esthetic challenges. Three subjects received immediate implants; the remaining two required post-extraction regenerative procedures. Gingival inflammation, bleeding on probing, and plaque were infrequently observed throughout the treatment period. Implant success and stability, alveolar bone-level stability, soft-tissue height and attached-gingiva width stability, and peri-implant soft-tissue esthetic outcomes were uniformly excellent at the 18-month follow-up visit. Data from the entire ongoing multicenter study population will be published both at 3 years and at study completion at 5 years. Those results will be necessary to assess any statistical differences in tissue changes and/or bone levels and apply meaningful interpretation to aggregate observed qualitative colorimetric soft-tissue parameters associated with this implant system.

### INTRODUCTION

Despite the high predictability of tooth replacement with osseointegrated implants,<sup>1-5</sup> management of tissue esthetics at the facial restoration margin can pose significant challenges for the prosthodontist, restorative dentist, and periodontist, and is of particular concern in the esthetic zone. In general, the closer natural shades of hard and soft tissue can be mimicked, the better the esthetic result. Gingival esthetic challenges have been addressed specifically using externally placed pink porcelain on prosthetic components to simulate natural gingiva, with varying degrees of success.<sup>6-8</sup> The current system (Genesis<sup>®</sup>, Keystone Dental, Inc, www.keystonedental.com) addresses a similar goal by modifying internal esthetics within the implant/abutment–free gingival interface.

The proximity of the facial implant—soft-tissue interface to that of a crown margin places an intense focus on harmonization of compatibilities among the inherent colorations of various metals, ceramics, and gingiva in a variety of softtissue scenarios. The ideal treatment objective is to make this convergence visually indistinguishable.

Esthetic impact of implant–abutment interface design has been reported in a recently published case series by McGuire et al<sup>9</sup>; specifically, adherence to a specific treatment protocol yielded good esthetics with the three different interface designs tested (conical, flat, or platform-switched). One-year results from the larger 5-year randomized clinical trial by Cooper et al<sup>10</sup> represented by those cases demonstrated that difference in interface design had significant impact on marginal bone stability but not on gingival mucosal architecture or position (including the apical-most aspect of the facial gingival margin contour, ie, zenith).<sup>10</sup>

The case series presented here represents another ongoing 5-year clinical study comprising 120 patients who required replacement of one or more anterior or posterior teeth, now in its third year of post-marketing surveillance to evaluate clinical implant efficacy and soft-tissue esthetics of this unique implant system developed with the objective of overcoming color discrepancy-driven challenges. Three additional representative case reports from this study have been published.<sup>11</sup>

This system uses a biomimetic implant–bone interface produced by anodic spark deposition or discharge (ASD; also known as microarc oxidation or glow discharge deposition) to the threaded titanium implant surface (BioSpark<sup>™</sup>, Keystone Dental, Inc)<sup>12-16</sup> via electrochemical anodization to form a nanorough, osteoconductive titanium-oxide implant surface rich in calcium and phosphorus ions as a bone interface.<sup>13,15,16</sup> In global use since November 2010, this system also features a variety of prefabricated and customizable pink abutments and other restorative components, including implant collars and matching prefabricated customizable titanium abutments. Unless otherwise customized, the transmucosal portion of the abutment and/or the implant collar are uniformly pink throughout the system.

The pink color is produced on the implant surface by a

proprietary electrochemical anodization process (AnaTite<sup>™</sup>, Keystone Dental, Inc), which produces a layer of titanium oxide on the implant surface. The resulting pink coloration also helps mask the gray hue that could be observed with conventional implants under the gingiva of thin-biotype patients, thus offering the clinician an alternative to zirconia for creating, enhancing, and refining gingival esthetics.

Published preclinical studies have evaluated this implant system's surface in regard to bone-to-implant contact.<sup>12,17,18</sup> In vitro studies on cell behavior<sup>13,14</sup> and studies on the effects of pink on gingival esthetics have evaluated this system from clinical<sup>19,20</sup> and animal-tissue perspectives.<sup>21</sup>

Spectrophotometric analyses published by Park et al confirmed that there is a measurable difference between the colors of natural maxillary labial gingiva and the surfaces of conventional titanium implants.<sup>19</sup> More specifically, colorimetric data reported by Ishikawa-Nagai et al suggest that (in comparison to other colors) light pink coloration of the implant neck produces an optimal color that is clinically indistinguishable from that of natural gingiva.<sup>20</sup> Patient-specific shading of the implant collar using a similar approach has also been described in a three-case series published by Sumi et al, who reported such specificity to provide stable gingival esthetics at a 1.5-year follow-up, especially in patients with a thin gingival biotype.<sup>22</sup>

A case report by Polack published in 2012 specifically evaluated the pink nanorough implant system presented in the current case series (Genesis). An excellent result was achieved in an esthetically demanding case that required multiple extractions and site development for the replacement of four maxillary incisors (using narrow-diameter, 3.8-mm x 13-mm fixtures to replace two laterals, creating a four-unit implant bridge) in a severely resorbed ridge.<sup>23</sup>

# FUNCTIONAL CONSIDERATIONS OF IMMEDIATE IMPLANT PLACEMENT

In the authors' experience, the aggressive thread pitch of the implant fixture used in this case series also facilitates its efficacy in immediate placement and loading scenarios. Of note, all implants in this multicenter study population have surpassed 3 years of survival, function, and success; the vast majority of them were immediate placements (78%; 22% were staged).

Results of a meta-analysis published by Kinaia et al in 2014 comprising 16 controlled studies suggests that immediate implant placement preserves crestal bone significantly more effectively than implant placement in healed bone after at least 12 months of functional loading.<sup>24</sup> Furthermore, this metaanalysis also identified a significant advantage for the use of platform switching in such immediate placement scenarios.<sup>24</sup>

Preliminary results from an ongoing randomized clinical study by Huynh-Ba et al showed no short-term differences in esthetic outcomes in immediate versus early implant placements.<sup>25</sup> Cosyn et al also reported minimal midfacial recession (in two of 25 patients after 3-years' follow-up)

TABLE 1. STUDY INCLUSION AND EXCLUSION	DN CRITERIA
Inclusion Criteria	Exclusion Criteria
1. Aged between 18 and 85 years, inclusive; have passed growth	1. Refusal to sign informed consent document
maximum at the time of implant placement	2. Potential compromise of treatment success by both clinical and esthetic measures by the restricted range of
2. Signing of informed consent document and adherence	product available for the study
7 Absonce of one or more natural tooth	3. Use of products available is not in the best interests of the subject
(missing or about to be extracted)	4. Reasonable doubt that subject will comply with clinicians' instructions
4. Fulfillment of all accepted medical and dental requirements for	5. Inability to communicate in an understandable language
treatment with dental implants	6. Proposed implant site(s) had a previously failed implant
5. Desire for treatment with dental implants	7. Subject cannot be treated within the restrictions of the treatment plan (per study protocol)
	8. Alveolar ridge dimensions insufficient to accommodate and sustain proper implant placement
	9. Pregnancy at time of enrollment
	10. Diabetes (any)
	11. Uncontrolled metabolic disease
	12. Chemotherapy or long-term corticosteroid use (at any time)
	13. Known allergy to titanium
*	14. Documented history of autoimmune disease (multiple allergies, systemic lupus erythematosus, dermatomyositis, etc)
	15. HIV/AIDS or other immunosuppressive disease
	16. Epilepsy
	17. Uncontrolled or severe cases of hyperthyroidism, malignancy, renal disease, hepatitis or other liver disease, hypertension, leukemia, vascular heart disease, collagen and bone diseases, or other serious illness
	18. Current use of bisphosphonate or calcium channel blocker
	19. Alcohol or drug abuse within previous 12 months
	MIMONIGATIONS

AIDS = acquired immunodeficiency syndrome; HIV = human immunodeficiency virus

PROOF-NOT FOR PUBLICATION

following an immediate implant placement protocol in the anterior maxilla in patients with thick gingival biotypes.<sup>26</sup> A recent systematic review by Slagter et al that also encompassed immediate provisionalization reported similar findings.<sup>27</sup> Another systematic review by Cosyn et al found conflicting evidence regarding contributory factors to midfacial recession after immediate implant placement but suggested this risk is lowest in patients who have a thick biotype and an intact buccal bone wall and receive immediate provisionalization.<sup>28</sup>

The implant system used in the current multicenter study incorporates a platform-switch ranging between 0.50 mm and 1.38 mm, depending on implant fixture diameter (IFD):

- IFD = Ø3.8 mm: 0.50 mm PS
- IFD = Ø4.5 mm: 0.57 mm PS
- IFD = Ø5.5 mm: 0.70 mm PS
- IFD = Ø6.5 mm: 1.38 mm PS

Platform switching has become a standard feature in implant component design and has expanded the clinician's control over crestal bone preservation. Numerous studies<sup>29-33</sup> and systematic reviews<sup>24,34-37</sup> have reported reduced alveolar crestal bone resorption for platform-switched implants compared with platform-matched implants.

Considerable clinical evidence suggests platform switching has a bone-protective effect. Cappiello et al reported a significant preservation effect (vertical bone loss was 0.72 mm less with platform-switched healing abutments versus controls) in a controlled clinical trial of 131 implants (all placed at the crest) in 45 patients.<sup>32</sup> Clinical studies by Prosper et al<sup>38</sup> and Canullo et al<sup>39</sup> have also demonstrated advantages of platform-switched implants over regular implants with respect to crestal bone stability, with a minimum of 24 months' follow-up. Recent systematic reviews consistently confirm that implants with platform-switched abutments are associated with better crestal bone preservation than implants with platform-matched abutments.<sup>35-37</sup>

While platform-switched implant configurations also appear to preserve soft tissue and provide increased control over gingival esthetics according to some reports,<sup>40,41</sup> several recent studies tend toward reporting similar tissue-esthetics preservation with platform-switched and other abutment–implant interface designs,<sup>9,10,42</sup> which suggests that platform switching favors stable tissue dynamics. However, a study by Zuiderveld et al found platform switching to have no

TABLE	TABLE 2. BASELINE SUBJECT DEMOGRAPHICS AND IMPLANT INDICATIONS										
Subject ID	Study Enrollment Date (Visit 1: Screening)	Age (Yr)*	Sex	Ethnicity	Race	Medical History	Dental History (Indication for Implant)	Universal/ADA Tooth No(s). Extracted/ Implant Position(s)			
GC-08	1/9/2012	69	F	NH	C	Atrial fibrillation, elevated cholesterol, depression, anxiety, cataract surgery, allergy to codeine (GI irritation) drug idiosyncrasies, hydrocodone, morphine (nausea, vomiting)	Periodontitis history, mild plaque, healthy gingivae, no BOP (periodontal disease)	4			
MZW-09	1/6/2012	67	F	NH	C	Herniated disc	Healthy gingivae, no BOP (endodontic disease)	7			
WJM-08	12/8/2011	67	F	NH	C	Hypertension, asthma, cholecystectomy, seasonal allergies, depression, appendicitis/ appendectomy	Healthy gingivae, no BOP (nonrestorable teeth)	8, 9			
VLF-16	2/15/2012	65	F	NH	C	Osteopenia, granuloma pylori, tonsillitis/ tonsillectomy, hysterectomy, seasonal allergies, abnormal menstrual bleeding	Healthy gingivae, no BOP (fractured tooth)	4			
TS-03	2/1/2012	43	М	NH	C	Sinusitis, Dieulafoy's lesion removal	Mild plaque, healthy gingivae, no BOP (endodontic disease)	30			

\*Age at study enrollment. ADA = American Dental Association; BOP = bleeding on probing; C = Caucasian; F = female; ID = identification; M = male; NH = non-Hispanic

TABLE 3. IMPLANT AND ALVEOLAR BONE ASSESSMENTS, IMPLANT PLACEMENT (VISIT 2)								
Subject ID								
Implant Placement Date—Visit 2: Study Day 0 (Implant Position No.)	Implant Placement Protocol	Implant Diameter (mm)	Implant Length (mm)	Bone Quality	Bone Quantity			
GC-08			(	COM	IMU			
2/17/2012 (4)	Immediate "	4.5	11.5	3	A			
MZW-09								
1/20/2012 (7)	Immediate	3.8	16.0	3	В			
WJM-08								
1/17/2012 (8)	Immediate	4.5	13.0	2	A			
WJM-08								
1/17/2012 (9)	Immediate	4.5	13.0	Moderate	A			
VLF-16								
3/8/2012 (4)	Delayed	4.5	10.0	3	A			
TS-03								
2/13/2012 (30)	Delayed	5.5	11.5	2	A			

ID = identification

effect on midbuccal mucosal (MBM) measurements 1 year after crown placement; rather, the buccopalatal positioning of the implant itself (ie, more toward the buccal) resulted in a more apically positioned MBM.<sup>43</sup>

Findings of a systematic review by Prasad et al emphasize the importance of considering a synthesis of factors comprising implant design, occlusal forces, and bone and softtissue volumes in optimally preserving crestal bone.<sup>44</sup> As a

TABLE 4. RESTORATION AND SOFT-TISSUE ASSESSMENTS, FINAL CROWN PLACEMENT (VISIT 4)								
Subject ID			C#	DD	00			
Date of Visit 4 (Implant Position No.)	Gingival Status	Prosthesis Type	Son- Tissue Status	Facial (mm)	PD Lingual (mm)			
GC-08	Healthy	PFM single	No BOP,	3.0	3.0			
7/25/2012 (4)	0	crown, SR	no plaque					
MZW-09	Healthy	Zirconia	No BOP,	2.0	2.0			
7/12/2012 (7)		single crown, CR	no plaque					
WJM-08	Healthy	Zirconia	No BOP,	3.0	4.5			
5/24/2012 (8)		single crown, CR	no plaque					
WJM-08	Healthy	Zirconia	No BOP,	3.0	4.0			
5/24/2012 (9)		single crown, CR	no plaque					
VLF-16	Healthy	PFM single	No BOP,	2.0	3.0			
7/3/2013 (4)		crown, CR	no plaque					
TS-03	Healthy	PFM single	No BOP,	2.0	2.0			
8/1/2012 (30)		crown, SR	mild plaque					

BOP = bleeding on probing; CR = cement-retained; ID = identification; PD = probing depth; PFM = porcelain-fused-to-metal; SR = screw-retained

further caveat, even the authors of some recent systematic reviews raise notes of caution about remaining unknowns as to functional specifics of platform switching and stress the need for further and more specific data from clinical studies to evaluate them.<sup>34,35</sup>

Taken together, these findings offer evidence that the functionality of this implant system in various placement protocols may complement bone- and soft-tissue-preserving effects, with immediate placement in combination with platform switching.

# FIVE-YEAR PROSPECTIVE CLINICAL STUDY

An ongoing 5-year study continues to evaluate the use of this implant system (168 implants placed in 120 partially edentulous patients). Its objectives include assessment of the 5-year survival rate of this implant system, implant success, incidence of excessive bone loss, peri-implant infection and other complications, incidence of adverse device effects, change in marginal bone level, visual soft-tissue esthetic outcomes, and the number and nature of prosthetic revisions.

Alignment, orientation, and magnification of the periapical radiographic images of all subjects' implants and alveolar bone levels were standardized by rotating and translating

TABLE 5. PROBING DEPTHS AT 6 MONTHS AND 12 MONTHS								
	6-Month Follow	r-Up (Visit 5*)	12-Month Follow-Up (Visit 6*)					
Subject ID								
(Implant Position No.)	PD Facial (mm)	PD Lingual (mm)	PD Facial (mm)	PD Lingual (mm)				
GC-08 (4)	3.0	3.0	3.0	3.0				
MZW-09 (7)	2.0	2.0	2.0	2.0				
WJM-08 (8)	2.0	2.0	2.0	3.0				
WJM-08 (9)	4.0	2.0	2.5	)2.5/MU				
VLF-16 (4)	1.0	2.0	2.0	1.0				
TS-03 (30)	2.0	2.0 PR	2.0 F	1.0				

\*No bleeding on probing observed in any subject at either timepoint.

ID = identification; PD = probing depth

each image such that all were uniformly aligned, oriented, and scaled using a semi-automated program (MATLAB\*, MathWorks, Inc, www.mathworks.com/products/matlab/). For angles, imaging differences in both elevation (above or below correct plane) and azimuth (mesial–distal) between images in the same series were computed. All of the images in this data set have a percentage error of less than 3.5%. Clinical analyses of the investigator-reported 18-month interim survival rates, marginal bone and soft-tissue level changes, and esthetics estimate an overall success rate among all sites of 95.8%.

Consistent with other implant designs, most osseointegration failures in the study occurred during the healing period following placement or shortly after prosthetic loading. However, unlike other designs, the location (mandible versus maxilla)<sup>45-48</sup> and length of the implant<sup>46-49</sup> had no apparent effect on the survival rate. After loading, this implant system has demonstrated a survival rate of more than 99%, based on available data from this ongoing study.

This is primarily a clinical implant survival and efficacy study with hard- and soft-tissue metric endpoints. The study protocol defines implant success as peri-implant bone loss ≤3 mm. Its descriptive endpoints require radiographic and photographic documentation only, and the esthetic results are presented as clinical photographs.

# IMPLANT SUCCESS AND RESTORATIVE/ ESTHETIC RESULTS: 18 MONTHS

Four female and one male subjects who were either missing or required extraction of one or more natural teeth, who were enrolled in this single-arm multicenter study (22% of all enrolled subjects received immediate implants; the remaining

TABLE 6. IMPLANT AND SOFT-TISSUE ASSESSMENTS, 18-MONTH FOLLOW-UP (VISIT 7)										
Subject ID				Soft-Tissue Level Change (mm)						
Date of Visit 7 (Implant Position No.)	Soft-Tissue Status	PD Facial (mm)	PD Lingual (mm)	Buccal Height (mm)	Buccal Width (mm)	Lingual Height (mm)	Lingual Width (mm)	Mesial Interproximal (mm)	Distal Interproximal (mm)	Margin of Error
GC-08 8/21/2014 (4)	No BOP, mild plaque	2.0	2.0	NR	NR	NR	NR	NR	NR	-
MZW-09 7/25/2013 (7)	No BOP, no plaque	3.0	2.0	-0.10	-0.10	-0.4	-0.2	-0.2	-0.3	±0.1
WJM-08 7/25/2013 (8)	No BOP, mild plaque	2.0	3.0	-0.3	-0.9	-0.5	-0.5	-0.6	-0.3	±0.1
WJM-08 7/25/2013 (9)		3.5	2.5							
VLF-16 9/24/2013 (4)*	No BOP, no plaque	2.0	2.0	1.7	NR	NR	NR	NR	NR	±0.1
TS-03 9/18/2013 (30)*	No BOP, no plaque	3.0	3.0	1.2	-1.1	-0.2	-0.3	-1.1	-1.1	±0.14

\*Delayed implant placement after post-extraction regenerative procedures. BOP = bleeding on probing; ID = identification; NR = not recorded; PD = probing depth

78% received implants placed with a delayed/staged protocol) according to the inclusion and exclusion criteria listed in Table 1, were selected as representative cases. The implant system evaluated, and both placement approaches, met all criteria for inclusion in the study, as per the study protocol (Table 1).

Baseline characteristics for these five study participants are summarized in Table 2. All subjects were healthy nonsmokers and had unremarkable medical histories except for routine surgeries, treatment of chronic conditions such as hypertension, hypercholesterolemia, and seasonal allergies, and other conditions specified in Table 2.

Extraction indications comprised periodontitis (N = 2) and endodontic pathosis and/or fractured/nonrestorable teeth (N = 4); two patients had combined periodontic–endodontic involvement of the proposed implant sites.

Table 3 and Table 4 summarize implant dimensions, placement protocol, and bone characteristics at Visit 2, and restoration and soft-tissue measurements (including probing depths [PD]) at final crown placement (Visit 4). Table 5 shows PD at 6 and 12 months; Table 6 shows periimplant PD and other soft-tissue changes at the 18-month assessment (Visit 7). Table 7 summarizes the static marginal bone observations at Visit 7 (ie, positive or negative distance between implant platform shoulder and mesial or distal crestal bone level) compared with dynamic changes that occurred in this distance between implant placement and final restoration placement (Visit 2 to Visit 4) and between final restoration placement and 18-month follow-up (Visit 4 to Visit 7) as calculated by the MATLAB analysis of radiographic assessments at those timepoints. All implants were placed at the crest except for Case 1 (mesial) and Case 2 (distal) (Table 7).

# **CASE REPORTS**

Across all five cases reported here, buccal or labial soft-tissue height was stable or increased by  $\geq 1.23$  mm; lingual softtissue height was reduced by  $\leq 0.54$  mm. Facial and lingual attached-gingiva widths were reduced by  $\leq 1.09$  mm and  $\leq 0.52$  mm, respectively. Implant-site PDs were  $\leq 4.5$  mm at final crown placement and at 6, 12, and 18 months after implant placement. The maximum PD at 18 months was one isolated measurement of 3.5 mm; overall, gingival inflammation, bleeding, and plaque were infrequently observed, and esthetic results were uniformly excellent at the 18-month follow-up visit.

All subjects signed an informed consent document prior to enrollment in the study; that document and the study protocol were approved by an institutional review board at each study center. The study is being conducted in accordance with the United States 21 CFR Parts 11, 50, 56; the Health Insurance Portability & Accountability Act of 1996 (HIPAA); and the Declaration of Helsinki and its amendments, as specified in the most recent meeting of the World Medical Assembly. Figure 1 presents the study flow diagram.

# CASE 1

A healthy 69-year-old nonsmoking Caucasian woman presented to one author's (ALR) periodontal practice with periodontitis involving tooth No. 4. Figure 2 shows a midfacial PD of 3 mm at Visit 1. A PD of 5 mm to 7 mm was present interproximally, with clinical attachment loss of 2 mm to 4 mm; this tooth was also fractured and had a draining sinus tract, and a 7-mm intrabony defect was present on the mesial aspect, suggesting combined periodontic–endodontic

PLACE	PLACEMENT, 18-MONTH FOLLOW-UP										
						Marginal Bone Levels Implant Placement (Visit 2) to 18 months (Visit 7)					
	Subject ID Study Dates					Static Cre Level Visi	stal Bone t 7 (mm)*	Change V Visit 4 (m	'isit 2 to nm)	Change Visit 7 (r	Visit 4 to mm)
Case No.	(Implant Position No.)	Implant Placement (Visit 2)	Final Crown Placement (Visit 4)	18-Month Follow-Up (Visit 7)		Mesial	Distal	Mesial	Distal	Mesial	Distal
1	GC-08 (4)	2/17/2012	7/25/2012	8/21/2014	Good	-0.9	-1.23	-0.08†	-1.0	-0.45	-0.23
2	MZW-09 (7)	1/20/2012	7/12/2012	7/25/2013	Good	0	-0.2	0	<b>5.08</b> ‡	0	-0.2
7	WJM-08 (8)	1/17/2012	5/24/2012	7/25/2013	Good	-1.75	-2.04	-2.03	-1.49	0.28	-0.55
5	WJM-08 (9)	1/17/2012	5/24/2012	7/25/2013	Good	-1.33	-0.22	-1.13	-0.46	-0.2	0.24
4	VLF-16 (4)	3/8/2012	7/3/2013	9/24/2013	Good	-0.46	-0.33	0	0	-0.46	-0.33
5	TS-03 (30)	2/13/2012	8/1/2012	9/18/2013	Good	-1.04	-1.01	-1.1	-1.1	0.06	0.09

"Static radiographic measurements at each study visit assessed distance from implant platform shoulder to alveolar crest on mesial and distal aspects. <sup>1</sup>Implant platform was placed 0.37 mm supracrestally on mesial aspect. <sup>1</sup>Due to a small implant–alveolus gap on the distal aspect, initial radiographic measurement reflected a distance of 5.08 mm between the implant platform and the apical depth of this defect (Visit 2 data not shown; see Figure 14, Figure 15, and Figure 18 for progressive radiographic images). This bony defect had filled in completely by the final crown placement visit (Visit 4), as reflected in bone gain (also in the amount of 5.08 mm) noted above. These optimal bone levels were maintained for this implant through 3-year follow-up (see Figure 18). <sup>1</sup>IVisit 2 values were negative and not zero (ie, initial location of implant platform for these two cases was not at crestal level, in contrast to all other cases shown; these initial implant–crest discrepancies are reflected in all subsequent measurements). ID = identification. Values in **bold** indicate bone gain between timepoints indicated.

# TABLE 7. MARGINAL ALVEOLAR BONE LEVEL ASSESSMENTS, IMPLANT PLACEMENT, FINAL RESTORATION

#### FIG 1. STUDY FLOW DIAGRAM, 5-YEAR PROSPECTIVE CLINICAL STUDY OF 168 BIOMIMETIC PINK IMPLANTS IN 120 SUBJECTS.



involvement (Figure 3). The patient was taking aspirin, trazodone, sertraline, simvastatin, and a calcium supplement (see Table 2 for additional history).

With the patient under local anesthesia and intravenous (IV) sedation, tooth No. 4 was extracted atraumatically, osteotomy was performed for immediate placement of a 4.5-mm x 11.5-mm implant (Genesis), followed by bone grafting using a corticocancellous mineralized freeze-dried bone allograft to manage the implant—alveolus discrepancy, and a healing cap was placed. At Visit 3, normal healing and good tissue tone were observed (Figure 4 through Figure 6).

In July 2012 the stock abutment (using the standard platform-switched connection) and final porcelain-fusedto-metal (PFM) crown were placed; gingival health was excellent and showed a midfacial PD of 1 mm (Figure 7). At 18 months (Visit 7) a midfacial probing depth of 3 mm without bleeding was noted (Figure 8). Endodontic treatment was performed on tooth No. 5 after completion of the implant restoration (Figure 9). A subsequent follow-up photograph from January 2015 (Figure 10) shows the facial view of the final crown in occlusion.



FIG 2. Midfacial probing depth obtained at Visit 1, Case 1. FIG 3. Preoperative (Visit 1) periapical view of tooth No. 4 showing fracture, draining sinus tract, and 7-mm intrabony defect, mesial aspect, with possible periodontic-endodontic involvement, Case 1. FIG 4. Occlusal view showing 4.5-mm x 11.5-mm implant just after placement, Visit 2, Case 1. FIG 5. Periapical view, implant just after placement, Visit 2, Case 1. FIG 6. Occlusal view, implant showing healing cap and healthy tissue growth, Visit 3 (2 months after implant placement), Case 1. FIG 7. Midfacial probing depth of approximately 1 mm showing healthy tissue just after final crown placement, Visit 4, Case 1. FIG 8. Midfacial probing depth of 3 mm (no bleeding), 18-month follow-up, Visit 7, Case 1. FIG 9. Periapical view, implant and final screw-retained PFM crown in position No. 4, 18-month follow-up, Visit 7, Case 1. FIG 10. Facial view of implant crown in occlusion, position No. 4, 23-month follow-up, Case 1.

# CASE 2

A healthy 67-year-old nonsmoking Caucasian woman presented to one author's (KGM) periodontal/prosthodontic practice in January 2012 with a symptomatic maxillary right lateral incisor (tooth No. 7). Her biotype was deemed to be within normal limits, with the attached tissue thickness estimated to be greater than 2 mm, and there was no bleeding on probing (Figure 11).

A periapical radiograph (Figure 12) revealed previous endodontic treatment and periapical pathology. After an endodontic specialist consultation and the poor restorative prognosis being established, the patient elected extraction of this tooth and replacement with an immediate implant. Following an extraction procedure that minimized the trauma to the labial portion of the alveolus of tooth No. 7, an osteotomy was prepared using a SICAT CAD/CAM-generated surgical guide (SICAT/Sirona, www.sicat.com), and a 3.8mm x 16-mm implant (Genesis) was placed with an insertion torque of 45 Ncm (Figure 13). The osteotomy was performed through the apical area of the alveolus and within the palatal wall. An implant–socket gap approximately 1 mm wide and 5 mm in depth was evident on the distal aspect of the osteotomy immediately after implant placement (Figure 14). No bone graft was used in the osteotomy space, as the labial plate thickness was deemed to be about 2 mm, and the distal socket residual wall had a thick (>2 mm), dense lamina dura; this presentation, in the author's experience, has a high degree of predictability of bone fill.

Immediate provisionalization was accomplished with a stock Esthetic Contour Ti Abutment (Genesis), which was tried in at the time of implant placement. An eggshell type provisional was relined over the abutment with a



methylmethacrylate self-curing resin. The immediate provisional restoration was inserted and cemented with a temporary cement (Temrex, Temrex Corp, www.temrex.com).

A secondary permanent Esthetic Contour Ti Abutment was modified to receive the all-ceramic restoration (IPS e.max<sup>®</sup> Ceram, Ivoclar Vivadent, www.ivoclarvivadent. com) layered upon a Procera zirconia coping (NobelProcera, Nobel Biocare, www.nobelbiocare.com). The abutment was 3.3 mm in diameter at the implant–abutment interface, resulting in a 0.5-mm platform switch. Figure 15 shows the periapical radiograph at final crown placement (Visit 4). The abutment was screwed in place to a torque of 35 Ncm and the cementretained crown was placed with RelyX<sup>™</sup> Unicem (3MESPE, www.3MESPE.com); at this time only mild gingival inflammation was observed (Figure 16). One year later (18-month follow-up), an excellent esthetic result was observed from the facial aspect, with good tissue tone and no gingival recession (Figure 17).

Three years postoperatively, radiographic interpretation suggested maintenance of the crestal bone level and a stable thickness of the labial plate, from the time of implant placement throughout the follow-up period (Figure 18).

# CASE 3

A healthy 67-year-old nonsmoking Caucasian woman presented to one author's (MAP) prosthodontic practice in December 2011. Her medical history was significant for several chronic but managed conditions (Table 2); she was taking losartan/hydrochlorothiazide for hypertension, fluoxetine for depression, and nitrofurantoin to treat a bladder infection that was present at the time of her implant surgery.

She had preexisting PFM restorations on teeth Nos. 8 and 9 (Figure 19), both of which had been endodontically treated (Figure 20). In August 2011 the crown on No. 8 dislodged and was recemented on an emergency basis; in November 2011 both crowns (Nos. 8 and 9) dislodged, and both teeth were given a questionable prognosis.

Accordingly, the patient enrolled in the multicenter study in December 2011. She opted for extraction, immediate provisionalization, and immediate loading, and visited both the oral surgeon (JMA) and prosthodontist (MAP) authors'

practices on the same day in January 2012 to consolidate these phases. Teeth Nos. 8 and 9 were extracted under local anesthesia (infiltration with lidocaine 2% with 1:100,000 epinephrine, 3.6 mL). The crowns were removed, then the roots were elevated and extracted. Osteotomy was made in type II (moderate) bone with Class A bone quality; all socket walls were intact. After tapping the sites, two 4.5-mm x 13mm tapered implants (Genesis) were placed with primary



FIG 19. Preoperative photograph, PFM crowns on teeth Nos. 8 and 9, Case 3 FIG 20. Preoperative periapical radiograph, PFM crowns on teeth Nos. 8 and 9 showing endodontic treatment, periapical pathology, Visit 1, Case 3. FIG 21. Incisal view, two 4.5-mm x 13-mm tapered implants just after placement in position Nos. 8 and 9, Visit 2, Case 3. FIG 22. Incisal view of the two implants with 5-mm healing covers, Visit 2, Case 3. FIG 23. Facial view of the two implants with 5-mm healing covers, Visit 2, Case 3. FIG 24. PFM UCLA abutments, ceramic crowns, and prosthetic screws, Case 3.

stability of 40 Ncm (Figure 21) and 5-mm healing covers were placed (Figure 22 and Figure 23). The buccal socket gaps were grafted with spongious bone substitute (Bio-Oss<sup>®</sup>, Geistlich Pharma North America, www.geistlich-na.com). The gingival margins were reapproximated with 4-0 chromic sutures. Postoperative radiographs confirmed proper positioning in the alveolar bone.

Immediately after surgery, the prosthodontist attached



prefabricated polymethylmethacrylate (PMMA, toothcolored) provisional abutments (Temporary Abutment<sup>®</sup>, Keystone Dental, Inc) with screws. The abutments were hand-tightened and minimally prepared with a diamond bur. Laboratory-fabricated splinted provisional crowns were relined with Jet Acrylic (Lang Dental Manufacturing Co, Inc, www. langdental.com), adjusted, and cemented with eugenol-free zinc-oxide temporary cement (RelyX<sup>™</sup> Temp NE, 3M ESPE) on the PMMA temporary abutments. Teflon was used to seal the access holes. The patient was instructed to minimize chewing on these teeth and restrict hard food for 6 weeks.

The final impression (closed tray) was obtained in April 2012. The final ceramic crowns (IPS e.max Ceram) and custom porcelain-veneered, regular-diameter (RD) UCLA abutments (Genesis; and Creation CC, Jensen Dental, www. jensendental.com) (Figure 24, shown with PFM crowns and retention screws) were delivered in May 2012. Using a platform-switched connection, the abutments were torqued to 30 Ncm, the access holes sealed with Teflon, and the final crowns cemented with RelyX Unicem. Figure 25 through Figure 28 show the final IPS e.max Ceram crowns from periapical, facial, and incisal views, with a midfacial PD of 3 mm at the 18-month follow-up (Visit 7). A thick biotype is evident in Figure 26, as determined by the inability to detect the outline of the periodontal probe inserted below the restoration's gingival margin.<sup>50</sup> This image also demonstrates an excellent esthetic outcome.

After this visit, additional restorative work was completed

on teeth Nos. 6 and 7. Figure 29 and Figure 30 (retracted and smile views, respectively, at 3 years, Visit 8) show the excellent esthetic outcome registered during the 3-year postoperative period.

# CASE 4

A healthy 65-year-old nonsmoking Caucasian woman was seen by her restorative dentist in December 2011 for a symptomatic maxillary right second premolar (tooth No. 4). The preoperative radiograph showed extensive periapical pathology and resorption (Figure 31).

Her medical history was unremarkable for current conditions; several prior routine surgeries included hysterectomy (Table 2). She was taking raloxifene for osteoporosis prevention and an estradiol hormone-replacement supplement.

In January 2012 tooth No. 4 was extracted. The site was grafted with mineralized freeze-dried cortical bone allograft (OraGraft<sup>®</sup>, LifeNet Health, www.lifenethealth.org) and covered with resorbable collagen membrane (CollaTape<sup>®</sup>, Zimmer Biomet, www.zimmerbiomet.com), which was secured with 5-0 plain-gut sutures, followed by flap closure using 4-0 plain-gut sutures.

In March 2012 the patient enrolled in the multicenter study. Using a flapless access approach with the patient under nitrous-oxide sedation, one of the periodontist authors (ETS) removed keratinized tissue from the proposed implant site using a 4-mm biopsy punch. Osteotomy was prepared using a surgical guide for the placement of a 4.5-mm x 10-mm





FIG 31. Preoperative periapical view showing endodontic treatment, extensive periapical pathology, and resorption, tooth No. 4, Case 4. FIG 32. Occlusal view, 4.5-mm x 10-mm tapered implant just after flapless placement, position No. 4, Visit 2, Case 4. FIG 33. Custom UCLA abutment shown with PFM crown, Case 4. FIG 34. Midfacial probing depth of approximately 2.5 mm, after cementation of final PFM crown, position No. 4, Visit 4, Case 4. FIG 35. Periapical view, implant anchored in maxillary sinus floor, custom abutment, final PFM crown, position No. 4, 18-month follow-up, Visit 7, Case 4. FIG 36 THROUGH FIG 38. Facial, occlusal, and full-smile views, respectively, final PFM crown, position No. 4, 18-month follow-up, Visit 7, Case 4.

tapered implant (Genesis), which was anchored in the floor of the maxillary sinus (using osteotomes) for optimal primary stability, at an insertion torque of 45 Ncm (Figure 32).

A temporary cylinder abutment was used to fabricate a screw-retained provisional restoration, with the aim of capturing an appropriate esthetic emergence profile. Once this was accomplished, the provisional was secured with a gold screw, which was torqued to 20 Ncm. The occlusion was adjusted to eliminate any centric or excursive contacts.

In June 2012 the provisional was removed, implant insertion torque was verified, and the provisional was reattached. The patient was given the impression parts to bring with her to the fixture-level impression appointment with her restorative dentist. One month later, the custom UCLA abutment (Figure 33) was attached to the fixture using a platform-switched connection, with an insertion torque of 35 Ncm. The final PFM crown was cemented using methylmethacrylate (C&B-Metabond<sup>®</sup> Quick! Cement System, Parkell, www. parkell.com). The occlusion and the patient's nightguard were checked and adjusted to the new restoration.

The midfacial PD at Visit 7 (18-month follow-up) was 2.5 mm, with no bleeding and good gingival tone (Figure 34). Good radiographic osseointegration (Figure 35) and excellent soft-tissue and restoration esthetics were observed at this visit (Figure 36 through Figure 38). The patient was last seen in February 2015 (almost 3 years after implant





**FIG 39.** Facial view, 3 years postoperatively, showing favorable soft-tissue levels and optimal esthetics, Case 4. **FIG 40.** Periapical view, 3 years postoperatively, showing good osseointegration and favorable alveolar bone levels, Case 4.

placement), at which time favorable hard- and soft-tissue levels and optimal esthetics were confirmed clinically and radiographically (Figure 39 and Figure 40).

# CASE 5

A healthy 43-year-old nonsmoking Caucasian man was seen in the periodontal practice one of the authors (GAM) in February 2012. His medical history was unremarkable except as noted in Table 2; he was taking no medications and had no known drug allergies.

The patient presented with a symptomatic, fractured endodontically treated mandibular right first molar (tooth No. 30). The tooth had gross caries and a primary periodontal abscess with secondary endodontic involvement. Extensive periapical pathology was present on the mesial roots, and all roots showed extensive external resorption. The tooth was deemed nonrestorable.

In May 2011 the tooth was extracted using local infiltration anesthesia and IV conscious sedation, and the socket was grafted with a cortical and cancellous particulate bone allograft (Puros<sup>®</sup>, Zimmer Dental) enhanced with plateletderived growth factor. A resorbable collagen membrane with signaling growth factors (DynaMatrix<sup>®</sup>, Keystone Dental, Inc) was placed prior to primary closure. Figure 41 shows a radiographic view of the grafted position No. 30, 8 months later.

In February 2012 the patient enrolled in the multicenter study, and a 5.5-mm x 11.5-mm implant (Genesis) was placed (Figure 42). Minor contour bone grafting of the site was also performed using autogenous bone directly against the buccal cortex and layered thereafter with a corticocancellous allograft (Puros) along the lateral aspect of the implant. This was done to increase the peri-implant bone and mucosal thickness (existing bone thickness was <1 mm on the buccal aspect) in an effort to improve parameters that would reduce the incidence of recession over the long term.

The 5.5-mm implant platform was used to accommodate the high occlusal load typically associated with the molar area and to optimize the esthetic emergence profile of the final restoration, neither of which would have been feasible with a narrower implant, even in the presence of more robust socket augmentation. A healing abutment was placed (Figure 43).

A high implant stability quotient (Osstell<sup>®</sup> ISQ = 80) (Osstell, www.osstell.com) and insertion torque values >50 Ncm allowed the prosthetic phase to begin in April 2012 (Visit 3). Figure 44 shows the periapical radiograph at Visit 3; Figure 45 shows good healing and tissue tone at this visit as well.

The final open-tray polyvinylsiloxane impression (Aquasil<sup>®</sup>, DENTSPLY International, Inc, www.dentsply.com) was also obtained at Visit 3. The impression coping was radiographically verified for accurate seating. The fixture analog was placed into the laboratory model, and a stock abutment (Genesis) was used by the laboratory to create a PFM crown with a screw-access hole in its occlusal surface (Figure 46).

In the prosthetic phase, the restorative dentist chose to use an indirect cementation technique to minimize the risk of cement entrapment/sepsis if the crown were to be cemented intraorally. In August 2012 the abutment and crown were tried in and, once proper seating and fit had been verified radiographically (Figure 47), the abutment was removed and the crown cemented extraorally with resin-modified glassionomer cement (FujiCem<sup>™</sup>, GC America, www.gcamerica.





















FIG 41. Grafted position No. 30 at Visit 1, 8 months after extraction of tooth No. 30 and cortical-cancellous allograft plus membrane regeneration, Case 5. FIG 42. Occlusal view, immediately after placement of 5.5-mm x 11.5-mm implant and healing abutment, Visit 2, Case 5. FIG 43. Closure of surgical site after placement of implant and healing abutment, Visit 2, Case 5. FIG 44. Periapical view, implant and healing abutment, Visit 3, Case 5. FIG 45. Normal healing and good tissue tone at impression visit, Visit 3, Case 5. FIG 46. Laboratory model showing PFM crown with screw hole in occlusal surface, seated on stock abutment, Case 5. FIG 47. Periapical view, stock abutment and implant prior to extraoral cementation to PFM crown, Visit 4, Case 5. FIG 48. Midfacial probing depth and good tissue tone, PFM crown, position No. 30, Visit 5, Case 5. FIG 49. Facial view, PFM crown, position No. 30, visit 7, Case 5. FIG 50. Periapical view, final screw-retained PFM crown, position No. 30, extraorally cemented to stock abutment, implant, 18-month follow-up, Visit 7, Case 5.

com). After removal of excess cement, the abutment–crown unit was then seated intraorally and torqued into the implant fixture to 35 Ncm using the standard platform-switched connection for this stock abutment. The access hole was sealed with Teflon tape and, after etching with 9.5% hydrofluoric acid, filled with nanohybrid composite resin (Renamel<sup>®</sup> NANO<sup>™</sup>, Cosmedent, www.cosmedent.com). The crown was then contoured, adjusted, and polished.

Figure 47 shows the stock abutment connected to the implant prior to extraoral cementation to the final PFM

crown, which was followed by screw-retained placement (Visit 4). Figure 48 shows a good emergence profile, good gingival health, and a PD of 1 mm approximately 3 weeks after cementation (6-month follow-up), and Figure 49 confirms excellent esthetics and good occlusion at the 18-month follow-up visit (Visit 7).

Figure 50 shows the final periapical view of the osseointegrated implant, abutment, and final screw-retained PFM crown at the 18-month follow-up (Visit 7). Bone loss of 1 mm to 2 mm is radiographically apparent around the implant in this view, as compared to 2 months post-implant placement (Figure 44). However, this is likely of little or no clinical significance, because no PD recorded at 18 months exceeded 3 mm (Table 6). The process by which this bone loss probably occurred is discussed below.

#### DISCUSSION

Maintenance of marginal bone levels and soft-tissue dimensions has been encouraging in this first multicenter clinical study of this biomimetic pink implant system. The five cases presented here provide further clinical evidence of hard- and soft-tissue stability associated with this system according to the proscribed study endpoints, as well as good gingival health and excellent gingival/restorative esthetics. All cases in this multicenter study are currently beyond 3 years after final crown placement. This article (and its companion case series by Murphy et al published in 2016<sup>11</sup>) present the first published data from this 5-year prospective study.

The two most extensively reported variables in the literature for osseointegrated implant placement are type of placement<sup>51-55</sup> and platform switching.<sup>34,37,39,56-60</sup> Both of these variables were well represented in these two series. Three of the five cases presented here were immediate implant placements; the remaining two were staged pending post-extraction graft integration. All cases incorporated the standard platform-switch range (0.50 mm to 1.38 mm) routinely used for this implant system. All received some combination of autografting, allografting, and/ or xenografting. This implant system was associated with good preservation of hard and soft tissues in the presence of all of these variables.

A systematic review and meta-analysis by den Hartog et  $al^{61}$  identified no differences in survival or specific marginal bone metric outcomes among immediate or delayed placement. Importantly, the authors emphasized that patient-satisfaction and soft-tissue assessments were underrepresented in studies that qualified for inclusion in their analysis. Based on post-treatment surveys, patient-satisfaction levels with outcomes in the current case series were uniformly high.

The recent meta-analysis by Kinaia et al<sup>24</sup> identified lesser degrees of crestal bone loss in association with both immediate placement and platform switching. Other systematic reviews by Herekar et al<sup>34</sup> and Atieh et al<sup>37</sup> report a peri-implant soft-tissue preservation effect for platform switching as well.

The hard- and soft-tissue assessments observed in this case series are consistent with these analyses. Facial and lingual gingival height was decreased by 0.1 mm to 0.5 mm among subjects who received immediate implants (Table 6), which suggests good soft-tissue stability. Facial and lingual PDs at 18 months were  $\leq 3.5$  mm across all cases. Similarly, the range of observed stability of alveolar crestal bone among these cases displayed consistency (Table 7; series range at Visit 7, 0 to -1.75 mm for mesial and -0.2 mm to -2.04 mm for distal marginal bone levels; the previously reported three-patient series range for this study at Visit 7 was -1.1 mm to 0.4 mm<sup>11</sup>). Not unexpectedly, changes in interproximal marginal boneto-implant distances between implant placement and final restoration (Visits 2 and 4, respectively) reflected minor crestal bone loss ( $\leq$  -2.03 mm). The greatest bone loss at this timepoint (-2.03 mm) was observed in Case 3, which involved the use of a xenograft bone substitute and placement of adjacent implants to replace two maxillary central incisors. Of note, for Case 2, a socket gap observed on the distal aspect at implant placement (Figure 14) underwent substantial bone fill between Visits 2 and 4 (Figure 15) and remained stable not only through 18 months but also through 3 years (Table 7 and Figure 18).

Between final restoration and 18-month follow-up (Visits 4 and 7, respectively), further bone loss of a much lesser degree was observed over all five cases ( $\leq$  -0.55 mm). Interestingly, Case 3 (which showed the greatest bone loss at Visit 4) also reflected small bone gains between Visit 4 and Visit 7 (Table 7).

Clearly, the crestal bone levels maintained 18 months postoperatively in Case 3 suggest a robust scaffolding effect provided by the xenograft material used during implant placement (Figure 25). To the authors' knowledge, no direct clinical comparative studies have addressed differences that might be expected with xenografts versus allografts or autogenous bone. With regard to graft material and implant surface, a scanning electron microscopic study by Rocchietta et al identified no measurable differences in bone formation observed with xenografts relative to native bone, and no differences in bone apposition to oxidized versus machined implants.<sup>62</sup>

Although Case 3 showed an 18-month PD of 3.5 mm on the facial aspect of implant position No. 9 (the greatest PD recorded at this timepoint), good gingival tone and excellent esthetics were also evident at this visit (Figure 26).

As noted in the systematic review by Cosyn et al,<sup>28</sup> as well as in a 3-year follow-up study of immediate implant placement in the esthetic zone by Cosyn et al,<sup>26</sup> the critical implant-esthetic outcome variable of midbuccal recession, while sometimes equivocal, is minimized in the presence of thick biotype, intact labial plate, and immediate provisionalization. This caseselection paradigm is echoed in a case series by Vinnakota et al<sup>40</sup> and is consistent with the results observed in Case 3, in which all of these features were present or performed.

Against such a backdrop of "ideal" case selection, it should be noted that no clinical scenario presented, neither in this case series nor in the earlier one from this multicenter study,<sup>11</sup> captured all of these criteria, and, in fact, the cases displayed a challenging range of clinical variations that probably better approximates the clinical reality of interdisciplinary esthetic implant practice. Based upon clinical observations, all of these patients had relatively thick biotypes, with facial gingival thickness  $\geq 2$  mm through which a periodontal probe could, at most timepoints, not be visualized<sup>50</sup> (exceptions were Case 3 at Visit 2, and Case 5 at Visit 6), including the 18-month assessment (Visit 7).

It could be hypothesized that the esthetic properties of a pink implant system could have more of a critical bearing on color harmony at the gingival margin in a thin-biotype patient. Such biotype comparisons should be addressed specifically in the design of future studies of this implant system.

In addition, some subjects in this series received immediate provisionalization while others did not, and there was a range of bone grafting and regenerative interventions, all of which appeared, from a clinical and photographic standpoint, to demonstrate a uniformly pleasant and lasting esthetic impact at timepoints approaching or exceeding 3 years post-implant placement.

For Case 5, it is unlikely that high insertion torque (>50 Ncm) resulted in the observed radiographic bone loss (Figure 44 and Figure 50). Rather, this is more likely a function of the quality of the bone within the augmented socket at its most distant peripheral position from the vascular base during socket augmentation (ie, vascular base arising from the resultant lateral walls and apex) being unable to become fully vascularized and achieve vital bone prior to having forces applied to it. The bone loss was likely the response force application to residual graft particles and poorly vascularized bone (which explains why mechanotransduction responded in crestal loss as the greatest stress application was applied to the least integrated, least vascularized, and/or least consolidated bone outcome that failed to result in a true functional matrix). It is also possible that the bone graft had not completely resorbed at the time of implant placement and continued to solidify and condense after the implant was placed. Overall, this degree of bone loss is probably not clinically significant, as no PD recorded at 18 months exceeded 3 mm. It is possible that variations in radiographic angulation at successive visits resulted in distortion of bone level assessments; as with all subjects in this study, this case will be monitored for changes in bone level throughout the 5-year observation period. At the 18-month follow-up, crestal bone appeared stable and the grafted area surrounding the implant appeared to be very dense at the cortex (Figure 50).

Across all cases, excellent esthetic outcomes (including softtissue emergence profiles) were uniformly observed. In the current series, two subjects enrolled in the study with the presence or history of combined periodontic–endodontic involvement of the tooth to be replaced. One of these received an immediate implant (GC-08, tooth No. 4); the other followed a brief yet fairly aggressive regenerative course (TS-03, tooth No. 30). Both achieved excellent esthetic outcomes (Figure 9, Figure 11, Figure 49, and Figure 50; Table 6), with buccal height gains of  $\geq$ 1.2 mm (Table 6). Taken together, these hard- and soft-tissue observations are consistent with good to excellent clinical outcomes and associated benchmarks in the literature. Furthermore, after 18 months' follow-up, all cases presented here satisfy the study protocol definition for implant success (bone loss  $\leq$ 3 mm; Table 7), thus demonstrating a 100% implant success rate.

This five-case series offers multiple and disparate clinical variables for the use of this implant system, resulting in satisfactory to excellent outcomes and running a gamut from two-stage implant-site development for a mandibular molar replacement (Case 5) to immediate replacements in the esthetic zone, one of which employed xenografting (Case 3) while the other required no grafting (Case 2). Given such a broad range of clinical variables across such a small number of cases, attribution of outcome to any of these factors amounts to speculation and is beyond the scope of a case-series article.

Statistical analyses of the entire study population, which are to be presented in the 3- and 5-year reports of the results of this multicenter study, will be necessary to reliably assess any significance of these and other numerical, surgical, prosthetic, and qualitative variables and associated observations presented in this case series. Suffice it to say that, based on this case series, this implant system has demonstrated clinically and esthetically acceptable results in the hands of periodontists, prosthodontists, and restorative dentists over a 3-year period, with a uniformly high degree of patient and clinician satisfaction.

Ongoing multicenter studies of esthetic implant variables for this system are addressing color metrics such as pink and white esthetic scores and quantitative reporting of patient-satisfaction survey data. Patients and clinicians can benefit from representative case series such as the one presented here, as they provide early and valuable exposure for in-progress prospective multicenter studies evaluating novel dental implant designs.

### CONCLUSION

The novel pink implant system used in these five cases produced uniformly excellent esthetic results in terms of periodontal and restorative outcomes, as well as consistent marginal alveolar-bone and soft-tissue stability, across a variety of real-life clinical situations. In ongoing follow-up observations approaching or exceeding 3 years, the system continues to maintain consistent clinical performance and patient satisfaction and, thus, shows great promise to continue to deliver similar high-quality results spanning the diverse implant-restorative interdisciplinary spectrum.

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# DISCLOSURE

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